

# Wash, wash, wash your hands!

**Follow these simple tips for washing your hands and watch the germs go down the drain:**

Wet your hands with warm water.

Put soap on your hands.

Rub both sides of your hands and in between your fingers.

Rinse with warm water.

Dry hands with a clean towel.

Turn the water off with the towel so you won't get your hands dirty again.



## **The hand washing song**

While washing your hands, sing the hand washing song three times (sing to the tune of “Row, row, row your boat”).

*Wash, wash, wash your hands, germs go down the drain*

*Rub and scrub, rub and scrub, wash the germs away!*